



VERMONT ZEN CENTER SPRING QUARTER 2025

SITTINGS: Monday–Friday 6-7 am | Tuesday & Thursday 6:30-8:00 pm | Sunday 9-11 am

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Temple Night	2 Metta 4	3 Temple Night	4	5 Jukai Workday
6 JUKAI	7 FINDING YOUR SEAT ZC Closed	8	9 Metta 5	10	11	12
13 Sesshin Set up	14	15 Sitting & Sesshin Set up	16 Metta 6	17 Sitting & Sesshin Set up	18	19
20	21	22	23	24	25	26
Vermont 7-Day Sesshin						
27 Zen Center Closed	28	29 Chanting	30			

MAY

				1 Sitting & Set up	2	3 WORKSHOP
4 ROSHI KAPLEAU MEMORIAL EXTENDED SITTING	5 FINDING YOUR SEAT ZC Closed	6	7	8 Chanting	9	10 Haiku Course
11 Roshi in CR Taped Teisho	12	13 Chanting	14	15	16	17 Indian Cooking Course Lunch
18 Taped Teisho CR Sesshin	19	20	21	22 Chanting	23	24 Vesak Workday
25 VESAK	26 Zen Center Closed	27 Set up for Garden Weekend	28	29	30	31 SANGHA GARDEN WORK WEEKEND

JUNE

1 GARDEN	2 FINDING YOUR SEAT ZC Closed	3	4	5 Famine Relief Ceremony	6	7 Flower Arranging Course
8 Lay Ordination: Polly Whitcomb	9	10 Chanting	11	12	13	14 Gardening Course—NEW
15 Taped Teisho	16	17	18	19 Chanting	20	21
Roshi on Break						
22 Taped Teisho	23	24 Chanting	25	26	27	28
Roshi on Break						
29	30 Roshi in CR					
Zen Center Closed 6/29-7/6						